

# Valsartan Tablet 160 mg

## Product Information :

---

**Pharmaceutical form :** Tablet  
**Category :** Prescription Medicine  
**Pack :** 1x10  
**Brand name :** Valsartan  
**Content :** Valsartan Tablet 160 mg  
**Therapeutic Use :** Cardiovascular Agent,Antihypertensive



## Product Description :

---

### What is Valsartan Tablet 160 mg?

Valsartan Tablet 160 mg is used to treat high blood pressure in adults and children aged 1 year and older, either alone or in combination with other medications. It's also used to treat heart failure (when the heart can't pump sufficient blood to the remainder of the body) and enhance survival after a heart attack in adults. Valsartan belongs to the angiotensin II receptor antagonist class of drugs. It works by preventing some natural compounds from tightening blood arteries, allowing blood to flow more freely and the heart to pump more effectively.

#### How to Use

- Valsartan is available as a tablet and a suspension for oral use. The tablet or suspension is normally used once a day, with or without food, to treat excessive blood pressure. It is commonly taken twice a day with or without food to treat heart failure or heart attack.
- Each valsartan product delivers the medication in your body in a different way, so they can't be used interchangeably. Take just the Valsartan Tablet 160 mg recommended by

your doctor, and do not switch to another valsartan product until your doctor suggests.

- Your doctor may begin treating you with valsartan at a low dose and gradually increase it.
- It lowers blood pressure and prevents heart failure, but it does not treat them. Although your blood pressure may drop during the first two weeks of treatment, it may take up to four weeks to see the full impact of valsartan. Even though you feel Fine, keep taking it. Do not discontinue taking valsartan without first consulting your doctor.

#### Precautions - Valsartan Tablet 160 mg

- If you have an allergy to valsartan, any other drugs, or any of the substances in valsartan tablets, tell your doctor.
- When you have diabetes and are taking aliskiren, tell your doctor. Valsartan is unlikely to be prescribed by your doctor.
- Tell your doctor about any additional drugs, vitamins, nutraceuticals, or herbal products you're taking or planning to use. Your doctor will need to adjust your prescription dosages or keep a close eye on you for adverse effects.
- If you ever had a bile duct blockage, heart, kidney, or liver illness, notify your doctor.
- If you're breastfeeding, let your doctor know. During your valsartan therapy, do not breastfeed.
- When you stand up too rapidly from a laying position, valsartan might produce dizziness, lightheadedness, and fainting.
- You should know that diarrhea, vomiting, not drinking sufficient fluids, and sweating a huge amount can affect a drop in blood pressure, which may produce lightheadedness and fainting.

#### Benefit of Valsartan Tablet

- **In High blood pressure,**

By easing blood vessels and making it much easier for your heart to move blood around your body, Valsartan Tablet 160 mg decreases blood pressure. To be effective, it must be taken on a regular basis as directed. You may not notice any immediate benefits from

receiving the product, but it will keep you healthy in the long run.

- **In Heart failure**

Your heart is failing because it can't pump sufficient blood to your lungs and the rest of your body. Breathlessness, weariness, and swelling in your legs, ankles, abdomen, and other regions of your body are the most prevalent symptoms. Valsartan Tablet decreases blood pressure, making it simpler for your heart to pump blood around your body, and is thus an effective heart failure medication. This drug will help relieve and more energetic by alleviating your symptoms. To help this treatment work, you should make the appropriate lifestyle modifications (such as eating healthy and being active). Take it on a regular basis, even though you feel better.

- **In Heart Attack Prevention**

Valsartan Tablet 160 mg helps your heart flow blood through the body by lowering your blood pressure. Controlling your blood pressure lowers your chances of getting a heart attack or stroke. Take this medication on a regular basis.

#### Side Effects of Valsartan

The majorities of side effects are minor and will go away as your body adapts to the medication. If they don't go away or you're worried about them, see your doctor.

- As your body responds to the medicine, you may experience dizziness or lightheadedness. Tell your doctor right away if any of these side effects persist or worsen.
- When rising gently from a sitting or laying posture, you can limit the danger of dizziness and lightheadedness.
- Remember that your doctor recommended this medication because he or she believes the advantage to you exceeds the risk of adverse effects. Many persons who use this medicine have no major adverse effects.
- If you experience any major side effects, contact your doctor immediately.
- Valsartan can be used to minimize kidney issues or treat those who already have them, but it can potentially cause or worsen major renal problems. While taking valsartan, your doctor will monitor your kidney function.

#### Some Tips for Valsartan Tablet

- For the first several days, it may make you feel dizzy. If you've been sitting or lying down for a long time, get up slowly.
- Your doctor may recommend regular blood tests to check your urea, creatinine, and potassium levels.
- Avoid taking this medicine with anti-inflammatory medications like ibuprofen without first consulting your doctor.
- If you are pregnancy or breastfeeding, do not use Valsartan Tablet.
- Do not stop accepting it without first consulting your doctor.

#### Valsartan Tablet 160 mg Supplier

Healthiza is one of the leading Valsartan Tablet 160 mg supplier and manufacturer, offering the best quality medicine globally through a validated cold chain secure shipment process. We use this process to manufacture, store and deliver medicines at a very specific temperature. Customers can avail of this premium quality pharma product at an affordable price from us.



## GET IN TOUCH HEALTHIZA LIFESCIENCE PVT LTD

**EMAIL :** [info@healthizalife.com](mailto:info@healthizalife.com) | [sales@healthizalife.com](mailto:sales@healthizalife.com)

**PHONE :** +91- 93289 40307

**ADDRESS :** A-907, Signature II, Sarkhej 382210 Ahmedabad, India.

**WEBSITE :** [www.healthizalife.com](http://www.healthizalife.com)