# **Product Information :**

Pharmaceutical form : Tablet Category : Prescription Medicine Pack : 1x10 Brand name : Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Content : Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet (500+10+2+30) Therapeutic Use : To treat the common cold and allergic symptoms like sneezing watery eyes, or itchy/watery nose and throat.



## What is Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet?

Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet is made up of four different medicines: Chlorpheniramine (antihistamine), Phenylephrine (decongestant), Paracetamol (mild analgesic and antipyretic), and Caffeine (caffeine) (a stimulant). Chlorpheniramine is an antihistamine (anti-allergic medication) that acts by preventing the activity of histamine, a chemical that causes allergic reactions. Phenylephrine helps to reduce a stuffy nose by decreasing blood vessels in the nasal stream. Paracetamol is an analgesic (pain reliever) and antipyretic (fever reducer) that acts by suppressing the formation of 'prostaglandins,' which are chemical components in the brain that cause pain and fever. Caffeine is a stimulant that reduces the tiredness produced by Chlorpheniramine and accelerates the action of all of the drugs in the tablet. Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet is a cough and cold drug that is generally used in the treatment of typical cold and allergy symptoms such as sneezing, watery eyes, and itchy/watery nose and throat.

#### How does Common Cold Spreads?

The common cold is a respiratory infection that affects the nose and throat and is caused

primarily by viruses called 'rhinoviruses.' When a sick person sneezes, coughs, or talks, the virus enters the body through to the mouth, nose, or eyes and spreads swiftly by droplets in the air.

### How to Use Medication

For optimal effects, take this tablet with a meal or as directed by your doctor with a glass of water.

#### Precaution - Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet

- Please inform your doctor if you are sensitive to Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet or any other drugs.
- Before using it, consult your doctor if you have a pregnancy. Without a doctor's permission, do not use this tablet in breastfeeding women since it includes caffeine, which may be passed into breast milk and harm the baby. Children under the age of four should avoid this medicine.
- Please do not exceed the recommended dose of medicine because it might cause liver damage.
- Before taking this tablet, tell your doctor if you have high blood pressure, diabetes, hyperthyroidism, asthma, chronic obstructive pulmonary disease (COPD), stomach ulcer, enlarged prostate gland, kidney, liver, heart, or urinary problems.
- If you've taken an MAO inhibitor (anti-depressant medicine like Isocarboxazid, Phenelzine, Selegiline, or Tranylcypromine) in the recent 14 days, don't take this tablet because the cetirizine in this tablet can make you dizzy, do not drive a vehicle or operate machinery after taking it.
- For patients with occlusive vascular disease (nerve/artery blockage), including Raynaud's phenomenon, phenylephrine in it should be taken with caution.

#### **Benefit of Medication**

- Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet is used to treat cold and allergy symptoms such as sneezing, watery eyes, and itchy/watery nose and throat.
- It contains four medications: chlorpheniramine (antihistamine), phenylephrine

(decongestant), paracetamol (mild analgesic and antipyretic), and caffeine (caffeine) (a stimulant).

- Chlorpheniramine is an antihistamine (anti-allergic medication) that acts by preventing the activity of histamine, a chemical that causes allergic reactions.
- Phenylephrine helps to reduce a stuffy nose by decreasing blood vessels in the nasal stream.
- Paracetamol is an analgesic (pain reliever) and antipyretic (fever reducer). It acts by suppressing the formation of 'prostaglandins,' which are chemical messengers in the brain that cause pain and fever.
- Caffeine is a stimulant that reduces the tiredness produced by Chlorpheniramine. It also speeds up the action of all of the medications in the tablet.

#### Side Effects

- It can induce drowsiness, nervousness, headache, dizziness, insomnia (trouble falling or staying asleep), and allergic reactions, just like any other medicine.
- The majority of these side effects do not require medical treatment and diminish away with time. Please visit your doctor if the side effects continue or worsen.

### Some Tips for Using

- To relieve the symptoms of a common cold Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet are given.
- Take precisely as your doctor or the label instructs. Do not exceed the specified dosage or duration of treatment.
- If you're using any other cold drugs, tell your doctor.
- If you develop an irregular heartbeat or dizziness, contact your doctor.
- If you're using antidepressants, tell your doctor.
- If needed, apply vapour rubs to the chest and back. Get adequate sleep.
- Take only warm food and fluids. Make sure you're getting enough water.

Encourage people to practice good hygiene, such as frequent hand washing and not sharing towels or sheets.

#### Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet Supplier

Healthiza is one of the leading Paracetamol, Phenylephrine, Chlorpheniramine & Caffien Tablet supplier and manufacturer, offering the best quality medicine globally through a validated cold chain secure shipment process. We use this process to manufacture, store and deliver medicines at a very specific temperature. Customers can avail of this premium quality pharma product at an affordable price from us.



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