

# Methyldopa Tablet 250 mg

## Product Information :

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Pharmaceutical form : Tablet

Category : Prescription Medicine

Pack : 1x10/Tabs

Brand name : Methyldopa

Content : Methyldopa (250mg)

Therapeutic Use : To treat high blood pressure (hypertension).



## Product Description :

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### What is Methyldopa Tablet 250 mg?

Methyldopa Tablet 250 mg is used in the treatment of high blood pressure. It belongs to the antihypertensive medication class. Methyldopa Tablet works by allowing blood to circulate more freely through the body by relaxing blood vessels. High blood pressure is a frequent problem that, if left untreated, can harm the brain, heart, blood vessels, kidneys, and other organs. Making lifestyle changes, in addition to taking medicine, can help you to manage your blood pressure. These modifications include eating a low-fat, low-salt diet, maintain a healthy body weight, exercising for at least 30 minutes most days, quitting smoking, and drinking alcohol in moderation.

### How to Use

- Methyldopa is available as a tablet and a liquid for oral administration. It's commonly taken twice a day, up to 4 times a day.
- Use Methyldopa Tablet 250 mg at the same times every day to ensure you remember to take it. Carefully follow the advice on your medication label.

- It helps to regulate but not cure high blood pressure. Even though you feel fine, keep taking methyldopa.
- Do not discontinue taking it without first consulting your specialist. Your blood pressure may rise and you may encounter negative effects if you unexpectedly stop taking methyldopa.

#### How it Works

An alpha-2 agonist is methyldopa. It helps to relax blood arteries, allowing the heart to flow blood more efficiently throughout the body.

#### Precaution - Methyldopa Tablet 250 mg

- If you have an allergy to methyldopa, other drugs, sulfites, or any of the substances in medication, notify your doctor.
- If you're using a monoamine oxidase (MAO) inhibitor like isocarboxazid, phenelzine, selegiline, or tranylcypromine, notify your doctor.
- Tell your doctor about any prescription and OTC medicines, vitamins, nutraceuticals, and herbal products you're using or planning to use.
- Take with caution if you're taking iron supplements or vitamins that contain iron.
- If you have or have had kidney or liver illness, such as hepatitis or cirrhosis, tell your doctor.
- If you have pregnancy, planning to become pregnant, or breastfeeding, notify your doctor. Call your doctor when you become pregnant while using methyldopa.
- If you're 65 or older, consult with a doctor about the hazards of taking Methyldopa Tablet 250 mg. It is generally not recommended for older persons since it is not as safe as alternative drugs that might be used to treat the same disease.
- Tell your doctor or dentist that you are using it if you are getting surgery, including dental surgery.
- You should be aware that this drug may cause drowsiness. Do not drive a vehicle or operating heavy machinery for 2-3 days after starting methyldopa or increasing your dose.

## Side Effects for Methyldopa

The majorities of side effects are minor and will go away as your body adapts to the medication. If they don't go away or you're worried about them, see your doctor.

- As your body adjusts to the drug, you may have dizziness, light - headedness, drowsiness, headache, blocked nose, and weakness. Consult your doctor immediately if any of these side effects persist or worsen.
- When rising gently from a sitting or laying posture, you can limit the danger of dizziness and light headedness.
- Remember that your doctor provided Methyldopa Tablet 250 mg because he or she believes the advantage to you exceeds the risk of adverse effects. The majority of people who take this medicine do not have any substantial adverse effects.
- Fainting, uncontrolled muscle functions, missed periods, reduced sexual desire/ability, growing breast size (in men), mood changes (depression), signs of heart problems should all be reported to your doctor immediately.
- Methyldopa has only rarely resulted in severe liver damage or a reduced red blood cell count (anemia). If you develop any signs of liver illness or anaemia, such as nausea/vomiting that won't stop, unusual exhaustion, a fast heartbeat, or a fever, call your doctor immediately.

## Some Tips for Using Methyldopa Tablet

- Use Methyldopa Tablet 250 mg at the same time each day for the best results. Take the last dose of the day before going to bed.
- Dizziness and lightheadedness are possible side effects. If this occurs, do not drive a vehicle or operate machinery.
- Your liver function may be monitored by your doctor. While using this medication, report any skin yellowing or whites of the eyes, abdominal pain, nausea, or vomiting to your doctor.
- If you have pregnancy, planning a pregnancy, or breastfeeding, tell your doctor.
- Even though you feel better, do not stop using it without visiting your doctor.

#### Methyldopa Tablet 250 mg Supplier

Healthiza is one of the leading Methyldopa Tablet 250 mg supplier and manufacturer, offering the best quality medicine globally through a validated cold chain secure shipment process. We use this process to manufacture, store and deliver medicines at a very specific temperature. Customers can avail of this premium quality pharma product at an affordable price from us.



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