

# Eye Health Gummies

## Product Information :

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**Pharmaceutical form :** Tablet

**Category :** Dietary Supplements

**Pack :** -

**Brand name :** Healthiza Lifescience

**Content :** Eye Health Gummies

**Therapeutic Use :** -



## Product Description :

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### What are Eye health Gummies?

Eye health gummies are a type of dietary supplement that is formulated to support eye health. These gummies are typically made with a blend of vitamins, minerals, and other nutrients that are specifically chosen for their potential benefits to eye health. The specific ingredients in our eye health gummies includes:

#### Vitamin A:

Vitamin A is an essential nutrient for eye health, as it helps maintain the health of the retina and other parts of the eye.

#### Lutein and Zeaxanthin:

These are carotenoids that are found in high concentrations in the macula, the central part of the retina. They are believed to help protect the eyes from damage caused by blue light and oxidative stress.

#### Vitamin C:

It is an antioxidant that helps protect the eyes from oxidative stress and may help reduce the risk of cataracts.

#### **Vitamin E:**

It is another antioxidant that may help protect the eyes from damage caused by free radicals.

#### **Zinc:**

Zinc is a mineral that is essential for the proper functioning of the retina and other parts of the eye.

#### **Omega-3 Fatty Acids:**

Omega-3 fatty acids are believed to help reduce the risk of age-related macular degeneration (AMD), a common eye condition that can lead to vision loss. Overall, these gummies are a convenient and tasty way to support eye health and provide the body with the nutrients it needs to maintain healthy vision. However, it is important to note that they should not be used as a substitute for a healthy diet and lifestyle, and individuals with specific eye health concerns should consult their healthcare provider before taking any dietary supplements.

#### **How it work?**

Eye health gummies work by providing a combination of nutrients that are beneficial for maintaining and supporting the health of the eyes. The specific ingredients in the gummies are carefully selected for their potential benefits to eye health. Here's how some of these key ingredients work:

#### **Vitamin A:**

Vitamin A is essential for the proper functioning of the retina, which is responsible for converting light into electrical signals that the brain interprets as vision.

#### **Lutein and Zeaxanthin:**

These carotenoids are believed to help filter harmful blue light and reduce oxidative stress in the eyes. They are particularly concentrated in the macula, the central part of the retina responsible for sharp, central vision.

#### **Vitamin C and Vitamin E:**

These antioxidants help protect the eyes from damage caused by harmful free radicals, which can lead to oxidative stress and contribute to age-related eye conditions.

#### **Zinc:**

Zinc plays a crucial role in the metabolism of vitamin A in the retina, and it also helps support the overall health and function of the eyes.

#### **Omega-3 Fatty Acids:**

These essential fatty acids have anti-inflammatory properties and may help reduce the risk of age-related macular degeneration (AMD), a common eye condition that can lead to vision loss. When consumed regularly as part of a balanced diet, eye health gummies can help provide the body with the necessary nutrients to support the health of the eyes. However, it's important to note that individual results may vary, and these supplements should not replace a healthy lifestyle and regular eye care. It's always advisable to consult with a healthcare professional before starting any new dietary supplement regimen.

#### **Benefit of Eye Health Gummies**

Eye health gummies can offer several potential benefits for maintaining and supporting the health of the eyes, including:

##### **Supporting vision and eye health:**

These gummies are formulated with a blend of vitamins, minerals, and other nutrients that are specifically chosen for their potential benefits to eye health. These ingredients can help support the overall health and function of the eyes, and may even help reduce the risk of age-related eye conditions.

##### **Reducing the risk of age-related macular degeneration (AMD):**

Some of the ingredients in eye health gummies, such as lutein, zeaxanthin, and omega-3 fatty acids, have been shown to help reduce the risk of AMD, a common eye condition that can cause vision loss.

##### **Protecting against blue light damage:**

Blue light, which is emitted by electronic screens and other sources, can be harmful to the eyes over time. Some of the ingredients, such as lutein and zeaxanthin, may help protect the eyes from damage caused by blue light.

### Supporting overall health and wellbeing:

In addition to their potential benefits for eye health, many of the ingredients in eye health gummies also offer other health benefits. For example, vitamin C is an antioxidant that can help support the immune system, while omega-3 fatty acids are beneficial for heart health. Overall, it can be a convenient and tasty way to support overall health and maintain healthy vision. However, it's important to note that Healthy diet and lifestyle is also important. Individuals with specific eye concerns should consult healthcare professional before taking any supplements.

### Contact Eye Health Gummies Manufacturer

It is very important to take care of eyes from pollutions, UV rays, screen light and stress. It can affect the vision by damaging the retina. So it is important to take special care of your eye. Healthiza, a leading Eye Health Gummies manufacturer and supplier in India, offer best supplement to protect your eyes. It includes necessary dose of vitamins, anti-oxidants and minerals to provide nutrients to your eyes. These supplements are easy to take, comes with no side effects and beneficial for your eyes health. Contact us to get best supplement for your eyes care.



## GET IN TOUCH HEALTHIZA LIFESCIENCE PVT LTD

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