

## Product Information :

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Pharmaceutical form :

Category : **Dietary Supplements**

Pack : -

Brand name : -

Content : -

Therapeutic Use : -



## Product Description :

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PCOS Support Supplement is one of the best dietary supplement helpful to manage PCOS and support fertility in women.

### What is PCOS?

One in ten women has PCOS (Polycystic Ovary Syndrome), a hormonal abnormality. PCOS is the main cause of infertility, and it can produce a wide range of symptoms. It is frequently diagnosed during the childbearing years. The specific cause of Polycystic Ovarian Syndrome (PCOS) has not yet been determined, although doctors think that genetics and lifestyle choices may be to blame.

### PCOS Symptoms

PCOS symptoms may include but are not limited to irregular periods, missed or skipped periods, unexpected weight gain, infertility, high androgen levels, hirsutism, thinning hair or hair loss, problems losing weight, ovarian cysts, mood swings, hormonal acne, and more.

### Causes of PCOS

- Inadequate nutrition and exposure to particular toxins frequently play a significant influence. Age has less of an impact before menopause. Many women adopt a low-fat, high-fiber diet in an effort to improve their health and shed weight. It has been demonstrated that decreasing weight can boost fertility, but doing so without also giving the body the proteins and fats it needs to produce hormones is rarely successful.
- Your chances of getting pregnant are influenced by a number of variables, such as your age, general health, stress levels, and sperm and egg quality. Your likelihood of becoming pregnant and the health of your unborn child will increase as your mental, physical, and spiritual balance increases. Our nutritional needs, however, may not be sufficiently met due to poor diet, intensive food production and processing, and the responsibilities of a job, a family, and travel. In addition, there are a variety of additional lifestyle issues such as
  - Lacking sleep
  - Exposure to hazardous chemicals
  - Little or excessive exercise
  - High levels of stress
  - Certain vitamins or medications

#### **Benefit of PCOS Support Supplement**

We provide high-quality PCOC support supplement produced with only pure and efficient ingredients. These nutrients can aid PCOS patients with their hormonal imbalances, reduce inflammation, and enhance their gut health. These supplements may also help treat other symptoms by restoring normalcy to the menstrual cycle and reducing androgen levels. They



## **GET IN TOUCH HEALTHIZA LIFESCIENCE PVT LTD**

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