

Omega 3 Supplement

Product Information :

Pharmaceutical form :

Category : **Dietary Supplements**

Pack : -

Brand name : -

Content : -

Therapeutic Use : -



Product Description :

What is Omega 3 Fatty Acid?

Omega 3 Supplement contains Omega-3 fatty acids. Omega 3 fatty acids are a subclass of polyunsaturated fat. These lipids are essential for many vital processes, including the development of brain cells. Omega-3 fatty acids support heart health and stroke prevention. If you already have heart problems, they can also help you improve your heart health. Omega 3 fatty acids are essential nutrients that promote healthy cell activity throughout the body. According to study, they might also have a big effect on your brain and your mental health.

Benefits of Omega 3 Supplement

Human body can not produce Omega 3 fatty acids. You must consume them through your diet. The finest sources of omega 3 are specific types of fish. They are also present in several plant-based meals. The best approach to consume adequate omega 3 is through entire foods like fatty fish. If you don't consume fatty fish frequently, you need to take Omega 3 Supplement.

Omega 3 supplement includes a omega 3 fatty acids that support a number of bodily functions.

- Blood pressure reduction
- Diminish triglycerides
- Limit the artery plaque's progression
- Lessen the likelihood of an irregular heartbeat
- Lowered risk of stroke & heart attack
- Reduce the likelihood of sudden death in those with heart disease

Other Benefits

It is generally used to build up the body's energy and stamina and to make it stronger, particularly in the event of chronic conditions where the body is prone to becoming weighed down. It enhances muscular quality and endurance, which supports general health and well-being. This supplement considerably reduce inflammation and aid in lowering biological indicators of infection, calming the body in the event of an infection or illness. Thus, it can be used to lessen the effects of heart failure, delay ageing, enhance appearance, increase exercise tolerance, enhance cognitive function, and lessen the effects of stress on the body's aches and pains. Therefore, Omega 3 Supplement is a fantastic booster for the body's general health and energy levels.

Contact best Omega 3 Supplement Supplier

Healthiza Lifescience is one of the best Omega 3 Supplement supplier, manufacturer and exporter in India. We have a reputation for producing the highest-quality dietary supplements, which has helped us build a sizable customer base in India. Our business is renowned for its emphasis on research and development, and the highest global standards.



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